

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Lisa Els

Has successfully participated & completed the

7km MTB Colour Ride

held at Air force Base Swartkop.

**TIME** 02:09:55

PACE 3.23km/h OVERALL 46 of 57

**GENDER** 16 of 20

NIPPERS 4 of 4

19 October 2019, Sat





